

The Healing Power of...
Philippians 4

Intro:

Mood Survey

James 3:16 – So many of our **Problems** come from within.

It seems that the healing for most of our problems can be found in one thing:

Gratitude

1. It Heals **Conflicts**

Philippians 4:1-5

2. It Heals **Anxiety**

Philippians 4:6-9

3. It Heals **Discontentment**

Philippians 4:10-12 and 16-19

James 4:1-3 and 1 Timothy 6:6-8

“Not being content is a kind of material restlessness, and it inevitably leads to spiritual restlessness.”

Conc:

Philippians 4:13 – Remember Your **Source**

Philippians 4:23